



# SEEDS

Social Emotional Education & Development of Self

## Community Engagement Series

### Event Name:

Drawing Upon Nature,  
Wonder, and Art

### Ages:

8-14



### ADDITIONAL DATES TO BE ANNOUNCED

Date(s) (All dates 2023)	Time	Location
Wednesday, June 14th	9:00am - 11:00am	Old Mill Park 375 Throckmorton Ave Mill Valley, CA 94941 <a href="#">Behind Mill Valley Public Library</a> (Outdoors)
Friday, June 16th	9:00am - 11:00am	
Wednesday, August 2nd	10:00am - 12:00pm	
Monday, August 7th		
Wednesday, August 9th		
Wednesday, August 16th		
Friday, August 18th		

### Event Description:

Let's explore the ways in which we can use our bodies to see, sense, and listen among the redwoods. Together, we will experiment with immersive sensory experiences that deepen our bond with nature and enhance our emotional well-being. We will then create an art project that will be a reflection of our personal connections to the redwoods. Finally, we will share our observations and artwork to help us connect with others and build relationships.

**Price:** \$100

**Registration:** Click below to register. All fees will be waived.

[General Registration](#)

[GGRC Registration](#) - For individuals with developmental disabilities who receive services through GGRC

 **Golden Gate Regional Center**  
*Belong, Contribute, Thrive*

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