



# SEEDS

Social Emotional Education & Development of Self

## Community Engagement Series

**Event Name:**

The Story of Salt

**Ages:**

K-2nd grade



Date	Time	Location
Thursday, May 2nd 2024	3:30pm - 4:30pm	Mill Valley Public Library 375 Throckmorton Ave Mill Valley, CA 94941 <a href="#">Behind Mill Valley Public Library</a>

**Event Description:**

Salt has always been extremely valuable, helping shape societies since ancient times. Used as a preservative, to season food, and even for religious purposes, salt was once worth its weight in gold! SEEDS returns for their 6th Full Steam Ahead collaboration, as we learn where the salt we use comes from by reading the book, *The Story of Salt: It Starts with the Sea* by Lisa Owings. Children will get a chance to enhance their social skills and learn a calming breathing exercise in addition to creating beautiful raised salt paintings.

**Price:** ~~\$60~~ Free

**Registration:** [Click here to register!](#)

[Back to Events](#)